



KATHRYN Price

AUTHOR | SPEAKER | MENTOR

BACKGROUND

Following a twenty year corporate career in administration management, executive support, training, and technical and content writing, Kathryn is now an entrepreneur having started three business ventures over the last decade. She's a trained coach and has studied many human development programs.

AUTHOR

Kathryn has realised her lifelong dream of becoming an author with her first book, *Flourish*—a collection of stories, lessons learned, and practical exercises from more than three decades on her own personal development journey. This book has been described as—"Raw and authentic", "Totally relatable", "With much honesty and down-to-earth wisdom", and "The inspiration I needed to start pursuing my own dreams."

MENTOR

Working with one-on-one clients, Kathryn supports individuals to go within. She is deeply passionate about helping them to find both the clarity and the courage to go after what they truly want in life.

SPEAKER

Kathryn delivers a powerful message with her events, workshops, keynotes, and individual mentoring sessions (all either in-person or virtually).

When we take the time to connect with our thoughts and feelings, we are lead on a path of self-discovery. When we slow down and feel it all, we experience what it is to truly live.

Her signature keynote, *If Not Now, When?* is a highly engaging presentation that is emotionally charged and inspirational—it will move your audience. Based on her journey, Kathryn shares from the heart her deep rich lessons, and the joy that is on the other side.

Kathryn's speaking topics: Trust Your Intuition, Connect With Yourself, Realise a Dream and Starting a Small Business.

CONTACT

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